

Fernando Castañeda

Athletics

EDUCATION

The University of Texas at Brownsville
Brownsville, Texas
BA, Exercise Science

South Texas Vocational and Technical Institute
Brownsville, Texas
Lic. Professional Massage Therapist

CERTIFICATIONS / SPECIAL TRAINING

Texas Lifetime Certification Adapted Aquatics rehabilitation
Certified in Sports Massage
Christian Service Award 2007

QUALIFICATIONS AND TRAINING IN

Body stretching, Cryo therapy, Heat therapy, Hydro therapy, Electro therapy, Range of Motion
Stretching, Swedish massage, Deep Tissue Massage

TOTAL YEARS OF EXPERIENCE

Saint Joseph Academy Athletics	2013 - Present
Brownsville Physical Therapy and Sports Medicine Intern	2012
Boys & Girls Club of Laguna Madre Coordinator II / Athletic Organizer	2008 - 2010

LANGUAGES

English – native language Spanish – native language

EXTRACURRICULAR ACTIVITIES

Personal Trainer Music Producer

MEMBERSHIPS

American College of Sports Medicine (ACSM)
Associated Bodywork & Massage Professionals (ABMP)

CONTACT INFORMATION

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