

Manuel Garza, SJA Class of 1968

TEACHER: Physical Conditioning, Physical Education 7 & 8,
Track & Field Coach

EDUCATION

St. Edwards University, Austin, Texas
BS in Social Studies, Minor in Physical Education

University of Texas at Brownsville, Brownsville, Texas
MA in Education, Minor in Physical Education

CERTIFICATIONS / SPECIAL TRAINING

Teaching Young Athletes Biomechanics (1990)
Training Manual written for Coaches, Library of Congress
President's *Pro Operōsus* Medal 2012 (37 years of service)

TEACHING EXPERIENCE

Saint Joseph Academy
Athletics, Track & Field Coach

1975 - Present

LANGUAGES

English – native language
Spanish – native language

MEMBERSHIPS

Rio Grande Cross Country Coaches, Board Member
Texas Track & Field Coaches Assoc., Board Member
University of Texas at Brownsville, Athletic Board Member
Rio Grande Valley Hall of Fame 2006, Board Member/Member
Guest Speaker on Sprint Mechanics, Coastal Bend Coaches Association, Jan. 2013

EXTRACURRICULAR ACTIVITIES

Guest Speaker at various sports clinics throughout Texas and US on
"How the WOG saved our Cross Country Program", US Track & Field Magazine, 1992.
And "Sprint Mechanics" January 18, 2012

CONTACT INFORMATION

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Upper Division Front Desk – 956-542-3581 ext. 301 to leave a message